



2023 OFFICIAL RULES

Preface

This edition of the Professional Fighters League (“PFL”) Official Rules (“Rules”) contains current rules, regulations, and procedures that are in effect for the PFL’s 2023 season. The PFL may amend these rules at any time.

These Rules are posted at the following link: www.pflmma.com/league

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1. General

1.1 – 2023 Season Format Overview

- a) The 2023 PFL Season will consist of 10 events: 6 regular season events, 3 playoff events, and 1 World Championship. The PFL can change the schedule at its discretion.
- b) There will be 6 PFL weight divisions. Fighters will be scheduled to compete in 2 regular season fights, each consisting of three 5-minute rounds.
- c) Fighters will earn points during the regular season based on their performance and will be ranked in division standings accordingly. At the end of the regular season, the top 4 in each division will make the playoffs.
- d) In the playoffs, fighters will compete in single-elimination semifinals to determine the two Championship fighters for each division.
- e) The two fighters who advance out of the semifinals in each division will compete at the 2023 PFL World Championship in a 5-round fight for their division title.

1.2 - Weight Divisions

- a) The 2023 Season will feature 6 weight divisions: 5 men's divisions and 1 women's division.
 - Featherweight - 145 lbs.
 - Lightweight - 155 lbs.
 - Welterweight - 170 lbs.
 - Light Heavyweight - 205 lbs.
 - Heavyweight - 265 lbs.
 - Women's Featherweight - 145 lbs.
- b) Fighters will be allowed a one-pound overage for regular season and playoff bouts, subject to commission approval. Championship bout competitors will not be given any weight allowance and will have to meet the upper limit of the division they are scheduled to compete in.
- c) Fighters in a division will fight any other fighter in their weight division as directed by the league, subject to commission approval.
- d) Weight divisions may be adjusted to conform with commission requirements.



1.3 - Commissions

Fights throughout the 2023 PFL Season will be held in various jurisdictions, and each fight will be governed by the regulations and rules of the commission for the jurisdiction in which the fight takes place. Should an inconsistency arise at any point throughout the season between the application of the league rules and applicable commission rules, the commission rules will take precedence, with the exception of variances approved by the commission. League points, standings, tiebreakers and playoff brackets for intra-league purposes are within the discretion of the league.

1.4 - Code of Conduct

All fighters, corners, managers, coaches, friends and family members will be required to abide by the league rules and code of conduct while present at any PFL event or ancillary league-related function. The PFL code of conduct is posted at the following link: www.pflmma.com/league

1.5 - No Elbows

There will be no elbows allowed anywhere anytime (on the ground, standing, clinch) during the 2023 PFL regular season, playoffs and Championship. Fighters who violate this rule will be subject to a point reduction, and/or disqualification, at the commission-appointed referee's discretion.

1.6 - Gloves

- a) All gloves will be supplied by the PFL and will have been previously approved by the commission.
- b) Gloves will be between four and six ounces in weight. Larger sized gloves (3XL-4XL) may slightly exceed the six-ounce limit.

1.7 - Apparel

- a) All apparel sponsorships need to be preapproved by the PFL no later than 21 days before bouts (including but not limited to: body art, walkout clothes, apparel and gear, t-shirts, hats, beanies, fight shorts, gloves, robes, shoes, and banners).
- b) Fighters are allowed to wear league-approved MMA board shorts or compression shorts.
- c) Upper body garments (shirts, gi's, tank tops, etc.) are prohibited in the men's divisions, except as authorized by the league and the commission.
- d) Shoes of any kind are prohibited during a fight, except as authorized by the league and the commission.
- e) Fighters must wear league gear for weigh-ins and walk-outs.

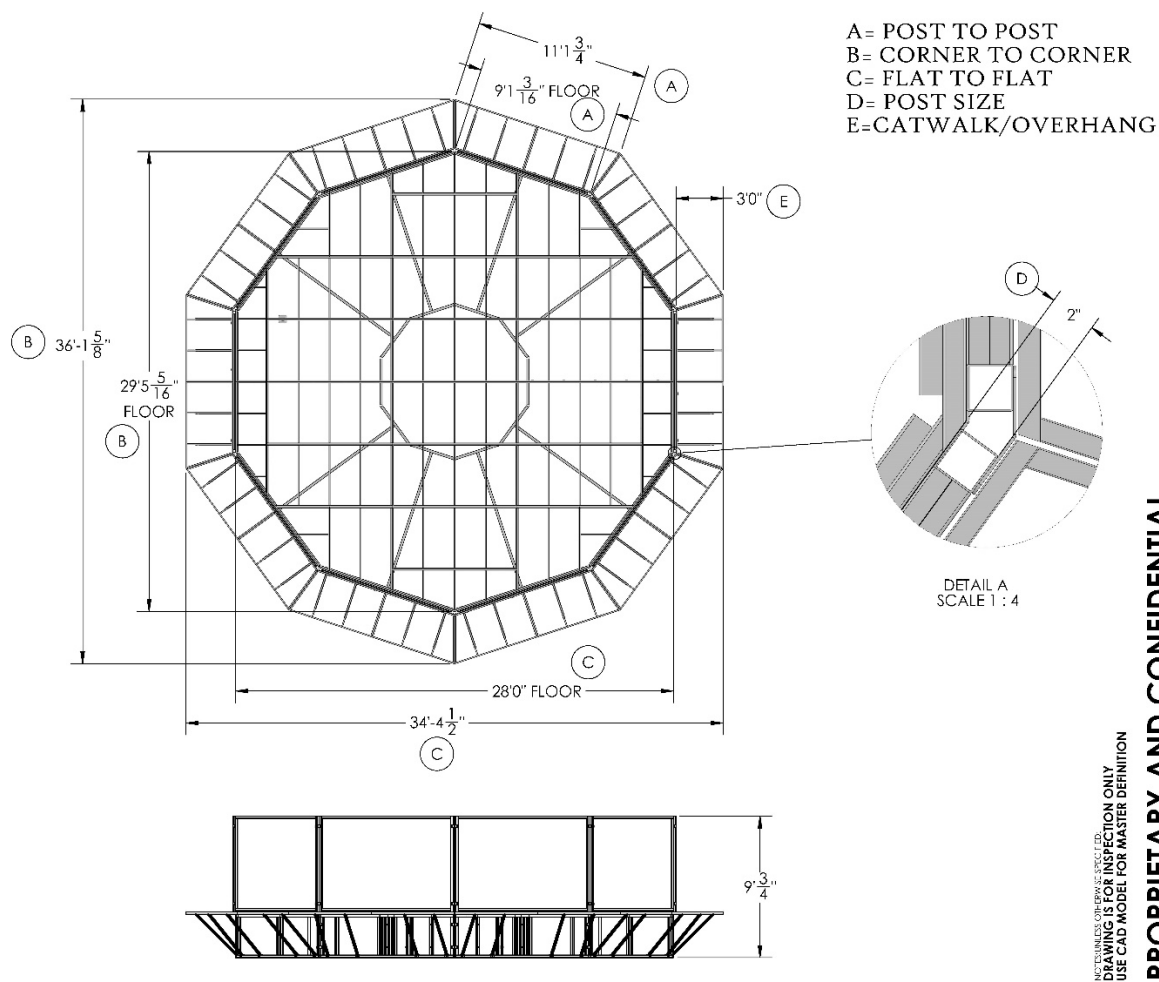


1.8 - Technology

Fighters will be required to use biometric-sensing and fighter-tracking technology in the decagon as approved by both the league and commission.

1.9 - Competition Space

All of the fights will take place inside PFL's Decagon. The Decagon is 28 feet long with a 3-foot catwalk.



PROPRIETARY AND CONFIDENTIAL



1.10 - Appeal Process

- a) During the regular season, the PFL bases its points awarded on commission rulings. If a fighter wishes to appeal a commission ruling during the regular season, they must do so within 3 business days of the fight in question. The PFL will honor any subsequent changes made by the commission as long as the commission comes to an official decision on the appeal within 30 days of the fight in question. Any decision not made within these parameters will have no bearing on points, official standings or playoff participation.
- b) Any decisions by the commission during the playoffs and/or Championship will be final at the conclusion of the fight. Any appeal taken of those decisions will have no bearing on advancement or participation in the playoffs, except as may be determined by the league at its discretion.



2. Regular Season

2.1 - Number of Fights

Each fighter will be scheduled to fight twice during the regular season, with at least 30 days in between each bout. In the event that any fighter fights only once during the regular season for any reason, such fighter may still be considered in the division standings and for qualification into the playoffs based on their performance subject to the league's discretion.

2.2 - Bout Specifications

- a) 3 rounds
- b) 5-minute rounds
- c) 1-minute rest period between rounds

2.3 - Point Structure

- a) Points are maintained for league purposes only, and are awarded at the sole discretion of the league.
- b) The PFL uses an outcome-based scoring system that awards fighters with points based on performance, including bonus points for stoppage wins.

Win3 Points

Draw1 Point

Loss.....0 Points

Bonus Points For Stoppages

Round 13 Points

Round 22 Points

Round 31 Point

- c) Any fighter who is awarded a walkover will receive a win and 3 total points.
- d) A technical decision win or DQ win are both treated as decision wins for points purposes, not as stoppages, regardless of when they occur.
- e) If a fighter cannot return for the beginning of a new round, and the fight is called off by TKO in between rounds, the winning fighter will be awarded a stoppage at 5:00 of the last completed round for points purposes.
- f) If a fight results in a No Contest or No Decision during the regular season, both fighters will be awarded 1 point.
- g) Point Example: Win by 2nd round submission = 5 total points (3 for the win + 2 for the 2nd rd stoppage)



2.4 - Standings

- a) Fighters in each division will be ordered in standings according to the number of points they've earned during the season (highest # of points at the top).
- b) The top-4 fighters in the standings in each division will be assigned a seed corresponding with their place in the standings. Those 4 fighters in each division will move on to the playoffs.
- c) Any fighter outside the top-4 will not automatically be assigned a seed. For more information on how fighters who finish outside the top-4 become playoff alternates, see page 15.

2.5 - Standings Tiebreakers

In the event that multiple fighters are tied in number of points after their regular season bouts, the following tiebreakers will be applied in order to set the playoff seeding accordingly. The only results used within these tiebreakers are the official league results from the 2023 PFL season.

If two fighters are tied on points...

1. Head-to-head (*did they already beat the fighter they are tied with?*)
2. Number of regular season fights (*whoever had the larger number of regular season fights; a no contest, no decision and walkover win count as a fight, a walkover loss and a fight where the fighter missed weight does not*).
3. Number of finishes
4. Winning percentage (*number of wins divided by number of fights, draws count as half a win; number of wins and fights both include walkovers, but no contests or no decisions will not be considered fights during this step*).
5. Least amount of time spent in the cage when winning (*walkover wins count for 15 minutes spent in cage for this step*).
6. Most amount of time spent in the cage when losing (*walkover losses count for 0 minutes spent in cage for this step*).
7. Combined scores on judges' scorecards for all results that ended in decision
8. Lowest combined opponent scores on judges' scorecards for all results that ended in decision.
9. Most combined league points scored by opponents (*all regular season opponents*). Any fighter who fought an opponent who missed weight will win this tiebreaker.
10. Coin flip (*the league will work with the commission of its choice to oversee the coin flip. The league will assign heads and tails to the fighters who are tied, and will have the commission confirm the result of the coin flip*).



2.5 - Standings Tiebreakers cont'd

If three or more fighters are tied on points...

(Note: if at the conclusion of any of these steps, the number of tied fighters is reduced to two, the tie breaker reverts to step 1 of the two fighter tie breakers)

1. Head-to-head (*did any of the tied fighters defeat all of the other tied fighters in question?*)
2. Number of regular season fights (*whoever had the larger number of regular season fights; a no contest, no decision and walkover win count as a fight, a walkover loss and a fight where the fighter missed weight does not*).
3. Number of finishes
4. Winning percentage (*number of wins divided by number of fights, draws count as half a win – number of wins and fights both include walkovers, but no contests or no decisions will not be considered fights during this step*).
5. Least amount of time spent in the cage when winning (*walkover wins count for 15 minutes spent in cage for this step*).
6. Most amount of time spent in the cage when losing (*walkover losses count for 0 minutes spent in cage for this step*).
7. Combined scores on judges' scorecards for all results that ended in decision
8. Lowest combined opponent scores on judges' scorecards for all results that ended in decision
9. Most combined league points scored by opponents (*all regular season opponents*). Any fighter who fought an opponent who missed weight will win this tiebreaker.
10. Random draw (*the league will work with the commission of its choice to oversee a standings draw. The league will put each tied name on a card, shuffle the cards, and then randomly draw from the cards for seeding. The commission will confirm the result of the draw*).

2.6 - Determining of Opponents

- a) It will be at the sole discretion of the league to determine regular season opponents, subject to commission approval.
- b) The league reserves the right to change matchups at any time.



2.7 - Making Weight

- a) In the regular season, fighters will be allowed a one-pound overage, subject to commission approval.
- b) If a fighter misses weight, and if the commission and the league both decide that the fight may still occur, and the fighters also both agree to proceed with the bout, then the bout can take place as scheduled. In that situation, the fighter who missed weight will receive a 1-point penalty applied to their total league points earned in the bout, but will be eligible to earn points based on the outcome of the bout. For example, if a fighter who missed weight ends up winning the bout by decision, that fighter would end up with 2 points total (3 points for the decision win – 1 point penalty). In addition, the fighter who missed weight will be forced to surrender 20% of their total show purse to their opponent. In the event that two fighters who miss weight are matched against each other, and if the commission and the league both decide that the fight may still occur, and the fighters also both agree to proceed with the bout, then the bout can take place as scheduled. In that situation, both fighters will receive a 1-point penalty applied to their total league points earned in the bout. In addition, PFL will impose a 20% missed weight penalty on the show purses of both fighters, which will not be paid to their opponents.
- c) If two or more athletes in a weight division miss weight, or become unable to compete for any reason, the league reserves the right to alter matchups so that the minimum number of fights are lost.
- d) If a fighter misses weight or becomes unable to compete for any reason during the regular season, the league may remove them from the competition for the season including the playoffs.

2.8 - Injuries and Replacements

- a) The PFL will have a pool of alternate fighters to draw from in the event that one of the league fighters in a division is unable to compete.
- b) Alternates who fight are eligible to earn points in the standings and qualify for the playoffs.
- c) In the event that a fighter is unable to compete in, or deemed ineligible for, his/her first fight for any reason, the league will attempt to add an alternate as a replacement. The original fighter may still be eligible to fight his/her second regular season fight contingent upon the league's discretion, but that fighter may be penalized 1 point (-1 point in the standings) for missing their first regular season fight if the reason is deemed avoidable by the league. The alternate's eligibility to participate in a second regular season bout will also be contingent upon the league's discretion.
- d) In the event that a fighter is unable to compete in, or deemed ineligible for, his/her second fight, any points earned in their first fight are still applicable and the fighter remains eligible to make the playoffs. But that fighter may be penalized 1 point (-1 point in the standings) for missing their second regular season fight if the reason is deemed avoidable by the league.
- e) In the event that there is no time to book an alternate to replace a fighter who is unable to compete, the opponent will be awarded a walkover win, 3 points in the standings, as well as his/her contracted show and win purse, provided he/she makes weight and is otherwise ready and able to compete.



2.9 - Failed Drug Tests

- a) If a fighter fails a drug test after his/her 1st regular season fight, the fighter's appeal period ends 21 days before his/her next regular season fight.
- b) If a fighter fails a drug test after his/her 2nd regular season fight, the fighter's appeal period ends the day before the PFL Playoff brackets are finalized.
- c) Without a successful appeal before the appeal period ends, the fighter may be disqualified from the season at the league's discretion.
- d) Any fighter who lost or drew against a doping fighter receives a walkover win (3 points), but no win money
- e) All failed tests are treated equally (the PFL adheres to each commission's banned substance list)



3. Playoffs

3.1 – Seeding and Matchups

- a) The playoffs will be conducted in a single-elimination bracket format.
- b) Semifinal matchups will be determined at the league's discretion. The league reserves the right to change matchups at any time.
- c) Red/blue corner assignments for the semifinals will feature the higher seeded fighter in the red corner. Any alternate who qualifies for the semifinals will automatically be assigned to the blue corner. Should two fighters who are alternates face each other in a semifinal, the red corner will be assigned to the fighter who finished ahead in the regular season standings according to the league standings rules and standings tiebreakers.

3.2 - Bout Specifications

- a) Semifinal bout specifications
 - 3 rounds
 - 5-minute rounds
 - 1-minute rest period between rounds

3.3 - Tiebreakers

- a) If a semifinal ends in a draw, the three judges will each be asked to choose the fighter who they think had the most complete body of work for the entirety of the fight. The fighter chosen most often will advance. This process is subject to commission approval.
- b) If a semifinal ends in a draw, and the commission does not approve the above process, the tiebreaker will go to the fighter who won the 1st round on the judges' scorecards. If the 1st round was ruled a draw, then the process will be repeated for the 2nd round, and so on.
- c) In all of the above circumstances, the official result for records purposes will remain a draw.

3.4 - Making Weight

- a) In the semifinals, fighters will be allowed a one-pound overage, subject to commission approval.
- a) If a fighter misses weight, and is able to compete, the bout may move forward as scheduled at PFL's sole discretion. The fighter who missed weight will be deducted 1 point on the final judges' scorecards should the fight go to decision, and will be forced to surrender 20% of their total show purse to their opponent. The fighter who made weight will earn their total contracted show purse, plus an extra 20% from their opponent's show purse. Both fighters will be eligible to earn their full win purse and advance based on the outcome of the fight. If the fight ends in a draw, the fighter who made weight advances.
- b) If a fighter is removed from playoff competition due to missing weight, the next alternate in that division will step in to that fighter's playoff slot and will compete in the semifinals.



3.5 - Alternates

- a) Each division will have up to two playoff alternates, named by the league following the seeding of the playoffs. The league reserves the right to name 0 alternates at its discretion.
- b) Alternates will be chosen at the league's discretion from fighters who are fit and available to compete at a high level in the playoffs. Fighters who ended the regular season with at least 1 point will be given special consideration.
- c) If two alternates are named, they will be given a designation of "1st alternate" and "2nd alternate"
- d) The alternates will be required to show up at the playoff event for his/her division and make weight to be eligible to compete in the playoffs should he/she be needed.

3.6 - Injuries and Replacements

- a) If a playoff-bound fighter becomes unable to compete in the playoffs for any reason prior to the PFL Playoff brackets being finalized, the alternate in that division will be added to the playoffs as the #4 seed, and every other seed will move up if necessary, so that the 3 original playoff-bound fighters occupy the seeds #1-#3. That process will be repeated if a second alternate is needed prior to the PFL Playoff brackets being finalized, with the first alternate then occupying the #3 seed, and the second alternate occupying the #4 seed.
- b) If a playoff-bound fighter becomes unable to compete in the playoffs for any reason after the PFL Playoff brackets are finalized, the alternate in that division will take the actual bracket slot of the unavailable fighter, keeping all other matchups in the division unchanged.

3.7 - No Contests

- a) If a semifinal fight ends in a No Contest or No Decision, the judges will be asked to score the fight, including any incomplete round, with the fighter who wins on the scorecard advancing (in the case of a draw, playoff tiebreakers will apply). If the commission does not approve that process, then whichever fighter is deemed to have caused the injury that resulted in the fight ending will be declared the loser, and the opponent will advance to the Championship. League officials will be the ones to determine who caused the injury.

3.8 - Failed Drug Tests

- a) If a fighter fails a drug test after his/her semifinal fight, the fighter's appeal period ends on September 30
- b) Without a successful appeal before the appeal period ends, fighter may be disqualified from season at the league's discretion.



4. Championship

4.1 - Bout Specifications

- a) 5 rounds
- b) 5-minute rounds
- c) 1-minute rest period between rounds

4.2 - Making Weight

- a) Championship bout competitors will not be given any allowance and will have to meet the upper limit of the division they are scheduled to compete in.
- b) If a championship bout competitor fails to make weight, and is able to compete, the bout may move forward as scheduled at PFL's sole discretion. But this would not be a championship fight for the fighter who missed weight. That fighter would need to give 20% of his/her show purse to the opponent and if the fighter who missed weight wins he/she will not be declared a Champion, will not get a Championship belt and will not earn the winner bonus (win purse would be reduced to \$200,000 for the fighter who missed weight).

4.3 – Matchups and Alternates

- a) The league reserves the right to change matchups at any time
- b) The highest-seeded losing semifinalist who is fit and able to compete will be selected as the championship alternate for each division at the league's discretion.
- c) The alternate will be required to show up and make weight for the Championship in order to be eligible to compete if needed.
- d) If a semifinal winner is unable to compete in the Championship, the alternate will step in and compete for the title, provided the alternate makes weight. The winner will be the 2023 PFL Champion for that weight division.

4.4 - Draws, No Contests and Walkovers

In the event that a Championship fight ends in a draw, a no contest, no decision or walkover, no fighter will be awarded the 2023 Championship for that weight division.



4.5 - Failed Drug Tests

- a) After the Championship, if there is a positive drug test, the fighter will have 10 business days to file an appeal. The league will rely on the final determination of the prevailing commission.
- b) Without a successful appeal, the Championship bout will be ruled a no contest, no fighter will be awarded the 2023 Championship for that weight division and no winner bonus will be distributed.

